

PE

Pupils have two hours of physical education timetabled each week through which we develop the six areas of activity as set out in the National Curriculum - Athletics; Dance; Games; Gymnastics; Outdoor and Adventurous activities and Swimming. Children are given the opportunity to swim in Y3 and Y4 and we aim for all pupils leaving the school to be able to swim at least 25m. We also endeavour to give pupils in upper Key Stage 2 the opportunity to complete the National Cycling Proficiency scheme in KS2.

Children in Year 6 take part in a residential visit in which outdoor and adventurous activities are the focus of learning.



Sports taught include football, tag rugby, netball, Kwik cricket, hockey, rounders and short tennis, as well as a range of athletics activities. The school participates in inter-school tournaments and sports festivals where possible and our annual sports day combines team skills-based activities as well as competitive races. Dance is an important part of our PE curriculum and we seize opportunities to participate in special dance festivals and events in the wider community. We also invite local sports coaches to offer specialist tuition to augment our 'in-house' specialist sports provision as well as encouraging children to participate in physical activity outside school.



Competition, striving after awards and seeking to improve one's personal best are seen as important attitudes to encourage. At the same time, we stress the importance of co-operation, good sportsmanship and team spirit.



A number of extra-curricular sports clubs are offered throughout the year, both paid and unpaid. Families on low incomes may apply for funding for any extra-curricular activities through our 'Join Up, Join In' scheme.

