

At Wrington C of E Primary School we believe that children should be happy and confident and enjoy learning within a safe and secure environment.

We use the Social and Emotional Aspects of Learning (SEAL) materials to teach the children how to be self-aware, manage their feelings, be motivated, empathise and develop social skills through a range of activities based around a theme.

SEAL themes

- *New Beginnings
- *Getting on and falling out
- *Going for goals!
- *Good to be me
- *Relationships
- *Changes
- *Say no to bullying



At the beginning of a theme the children attend an introductory assembly where they listen to a story and discuss some of the issues within it. This is then built upon within each class at the appropriate level.



PSHE is taught through:

- *Role play
- *Use of puppets
- *Drama
- *Music
- *Photo cards
- *Posters
- *Circle times
- *Discussion

Playground Buddies

We have children who have been elected to be Playground buddies at playtimes and lunchtimes. They ensure we have happy playtimes by introducing new games, being a new friend and helping the adults within the school.

School Council

School Council representatives are elected at the beginning of the year. They help us to make important decisions within the school, purchase new toys for the playground, are involved in interviews and show visitors around the school on a regular basis.

Well Being week

Well Being week is an annual event for the whole school. We have a visit from the Life Education Centre where children attend workshops focusing on age appropriate health and well being activities.

