

WRINGTON C of E PRIMARY SCHOOL

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Headteacher Ms Sarah Joskey MA

"Cherish and nurture, flourish and aspire"

18th January 2018

Dear Parent/Carer

This year our annual well-being week will begin on Monday 19th February. It is a wonderful week providing the children with a range of activities to promote health and well-being.

This year we look forward to working with the RNLI and focusing on water safety, tides, currents and an awareness of safety on the beach at times when there may be local flooding.

We will also be focusing on anti-bullying, E-safety and healthy life styles.

Each year we have a two day visit from the Life Education Centre. The centre is an interactive, portable classroom which is used by a presenter who works with each class. The workshops aim to develop the children's knowledge, skills and attitudes to enable them to make their own positive health choices.

Many schools in North Somerset use this valuable resource, providing children with health and drug education through dance, role-play, music and video. It is a wonderful way to teach children about important issues in a safe and supportive environment.

The Life Education Centre allows us to teach the children from Reception to Year 6 covering a variety of topics within age appropriate workshops every year. They range from focussing on feelings and dealing with them positively in Reception class through the use of Harold the Giraffe (puppet, video and dance), to Year 6 when they can focus on drugs e.g smoking, to assertive skills and aspirations.

In Year 5 and 6 the teachers choose the content for their classes to ensure the sessions are focused on the individual class needs and requirements.

This year we are asking for a contribution to fund the centre and the valuable work carried out with the children in addition to other activities during the week. To enable us to continue this valued resource we would appreciate a contribution of **£3.55 from every child**. This should be paid in the usual way via www.parentpay.com. We would appreciate payment being made by Monday 5th February.

Thank you for your continued support.

Mrs Sarah Hodder
PSHE Co-ordinator

